

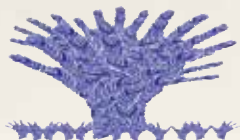
WHAT IS CARPAL TUNNEL SYNDROME? (CTS)

CTS is brought on by a number of activities, producing overuse of the hand where pressure occurs on the main nerve at the wrist. Often the hand becomes swollen, with tingling, and has numbness. These are good indicators you might have CTS.

Symptoms: Numbness is the number one symptom in carpal tunnel syndrome. Pain may occur at the thumb, index, middle and ring fingers. Most of these symptoms occur in the late evening and sometimes while daily activities are taking place. One may encounter a weaker grip, sometimes even losing or dropping items. In some cases there may be permanent damage to the sensation and the muscles.

Diagnosis: First, make an appointment for a detailed diagnosis. Upon seeing Dr. Stokes or Dr. Babineaux a medical history is taken. This is to verify what type of prior injuries may have occurred, how your hands are used and what your profession is. There are a number of procedures to verify your condition such as x-rays, an electromyogram may be done to confirm CTS and may also reveal other nerve and hand problems.

Treatment: Upon the final diagnosis, surgery may be the last resort for corrective measures. Subsequent to surgery, hand therapy may be utilized, as well as a splint tailored to your specific needs assessment.



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LSU Healthcare Network is pleased to announce the team of Dr. Harold Stokes and Dr. Kelly Babineaux to the Metairie Physician Practice. Located on the campus of East Jefferson General Hospital with convenient, free parking in the Hudson Street Garage.

It is so important to choose the right physician, that is qualified, who cares for the whole patient and has knowledge and experience. Dr. Stokes is board certified in orthopaedic surgery and Dr. Babineaux is board certified in surgery. Both have completed fellowships in surgery of the hand, and they are minimally invasive surgeons using the latest in arthroscopic techniques.

The nurses and staff are an essential part of the hand surgery team. From the time a patient checks in, until they leave, each patient is treated with dignity, courtesy and professionalism. That is why our patients refer their friends and family to LSU Hand Surgery.

To better serve the patients, every effort is made to make same day appointments. Our providers participate in most managed care plans, and accept Medicaid and Medicare.



Harold M. Stokes, MD, FACS

Dr. Stokes was born in Alhambra California and presently is a New Orleans resident.

He is the founder and former affiliate of Hand Surgical Associates in Metairie, and joined the full time faculty at LSU School of Medicine in New Orleans as Chief of Hand Surgery in the Department of Surgery.

Dr. Stokes is a graduate of Occidental College, Los Angeles, California. Following graduation from the University of California, Irvine, College of Medicine, he completed an internship at Los Angeles County General hospital and then did military service as a flight surgeon in the United States Navy. Specialty training included an Orthopaedics Residency at Henry Ford Hospital in Detroit, Michigan and then two full fellowships in Surgery of the Hand in Derby, England and in New Orleans. He is certified by the American Board of Orthopaedic Surgery. His teaching responsibilities include both Plastic Surgery and Orthopaedic Surgery Residents.

Kelly Babineaux, MD

Dr. Babineaux is from Rayne, Louisiana and presently resides in New Orleans.

She graduated summa cum laude from LSU in Baton Rouge with a major in Biochemistry and a minor in Zoology and then she went on to attend LSU School of Medicine in New Orleans where she received her medical degree. Subsequently, she completed a 5-year residency in General Surgery at LSU Health Sciences Center and then, went on to complete a fellowship in Hand and Microsurgery in 2010 at Yale University School of Medicine in the Department of Plastic Surgery.

Dr. Babineaux is currently certified by the American Board of Surgery, and she is eligible for the certificate of Added Qualification (CAQ) of the Hand.

Keri Landrieu, LOTR, CHT

Keri was born in Houma, LA and currently lives in New Orleans with her husband and 4 children.

Keri graduated from LSU in 1989 with a Bachelor's Degree in Occupational Therapy. Upon graduating from LSU, Keri received her fellowship in hand therapy from the Hand Center of Louisiana.

With 20 years experience as an occupational therapist practicing in the field of hand therapy, Keri has successfully worked in private practice and managed hand therapy clinics. She holds board membership and is an officer of the Hand Therapy Certification Commission. Additionally she participates in local, state and national hand therapy organizations. Keri continues her education in compliance with continuing medical education credits. She is also involved in various community groups.

Kelly Todd, RN

Kelly was born in River Ridge, LA where she spent her childhood. Presently Kelly lives with her husband in Covington, LA.

She attended and graduated from Charity School of Nursing in New Orleans, LA. Kelly has been a registered nurse for the past 17 years.

As a registered nurse Kelly brings years of experience as she worked in the Neonatal Intensive Care Unit, the Operating Room as a circulating nurse, and as a Nurse Recruiter for a local nursing agency. She attends continuing education to keep her skills current and her number one priority is quality patient care.

She joined Dr. Harold Stokes over 7 years ago and now is also the registered nurse for Dr. Kelly Babineaux.